

Welcome to Trinity

Fall 2023

Are you new?

Have you been here for years but looking for something new? This is where to look for:

Rally Day Information

Circles/Small Groups: Wowzers--so many to choose from!

Ministries: What do they do? Who is in charge?

Youth Times: Simple and to the point.

Worship Participation: Tired of sitting? Like Bread and Juice?

Education Classes for Adults: Time to get Earth-y

Childcare At Trinity

Spring Retreat Details and Sign Up

Crop Walk: Walk or Sponsor a Walker

Families With Preschoolers: Make Sandwiches Together!

Leadership of Trinity and their Emails

Questions? We love them!

Contact the office (office@trinityarlington.org) with any general questions

**or check out the last page
with all of the leadership listed.**

Sunday School **restarts**

September 10th

Children

Youth

Adult

9am worship service

10:10 a.m. Education Hour

11:15 a.m. worship service

**Summer is over but that doesn't
mean the fun has to stop**

Circles

There are 7 women's circles that meet once a month. These circles grow together and welcome others who are at a similar moment in life.

The Micah Circle is the men's circle that meets once a month.

If you are interested in joining a circle, contact our Director of Spiritual Formation Ben Stewart, who can help you get connected to the right circle.

Small Groups

There are other small groups that you can get involved with that are centered around different interests.

Horizons is a monthly Bible Study for women and is welcoming new members. Their next meeting is Thursday September 21, at 7:00 PM. For more information contact Beth Bailey, epbailey@comcast.net

The Trinity Book Club is a co-ed group that meets in person at 7:30 pm every 4th Monday from September to May to discuss a book selected from suggestions by members. The discussion leader is often, but not required to be, the one who suggested the book. We meet in our homes, sometimes in the home of the discussion leader.

If you would like to receive emails about the Book Club, please contact Carolyn K. Offutt at coffutt@o3star.com or 703-655-3667. New members are always welcome.

The Book Club will next meet at 7:30 pm on Monday, September 25, 2023

Bible Chat meets once a week. At the moment, it follows the upcoming lectionary readings. No Biblical knowledge is needed to delve into scripture and have a great conversation. Director of Spiritual Formation Ben Stewart leads the study.

Thursday Morning Book Study meets to read and discuss books on religious topics. If you are interested in finding out about the books they've read or in joining the group contact Sue Bodner, suelewbod2@aol.com

Men's Fellowship meets for fun events throughout the year. Keep an eye out for information in the weekly emails or contact Bill Morley wmorley@altriusgroup.com

Earth Care is interested in educating the congregation as well taking care of the Trinity campus. If you would like to help us continue to be an Earth Care congregation you can contact Steve Gillard gillard.steve@gmail.com

Contemporary music group meets at 7pm on Wednesdays in the Sanctuary. If you are interested in playing or singing with the group, contact worship leader Alan McEwen. cwl@trinityarlington.org

Handbell Choir meets on Thursdays at 7pm, **Choir** practice happens at 8pm. If you would like to ring or sing contact worship leader Carol Feather-Martin. music@trinityarlington.org



Trinity is able to function because of its Ministries. These small groups look after different aspects of church life. Most ministries meet once a month to organize and dream. Below is a very short description of what each group does. If you are interested in learning more, you can contact the point person of each group.

Outreach

The Outreach Ministry helps welcome all types of newcomers to our Trinity community. This includes hosting the Inquirers classes for those that are considering joining Trinity; hosting the Inquirers + New Members dinner; advertising the church through our lawn banners, signs and social media posts; and more. We also work more generally to be a friendly neighbor to those who are new to worship, and help get people plugged in to Trinity based on their interests and skills. We are also launching some new ways this year to engage newcomers such as through community service (e.g., preparing lunches for homeless people in collaboration with families from Trinity Preschool). If you're an introvert or extrovert, old or young, new to Trinity or a seasoned veteran ... we'd love to have you on the Outreach team to advance forward this work.

Contact
Tim Foley
timothy.john.foley@gmail.com

Administration

The Administration ministry works to keep us organized. From insurance to staffing to paper clips, this ministry makes sure we have the tools to support everything that the church does together. If you understand insurance, if you really like spreadsheets, if you are interested in making sure Trinity is a safe environment for everyone this ministry could use your support.

Contact
Diana Paulraj
pdpaulraj@gmail.com

Finance

How do we responsibly use our money? It is the job of the Finance ministry to make sure that the money entrusted to Trinity is used wisely.

The Finance ministry makes sure that Trinity is able to pay its bills and invest for the future. As well as keeping Session and the Ministries with in their budgets.

To add your talents to the Finance ministry

Contact
Lance Bultena
lance.Bultena@hoganlovells.com

Mission & Service

Has responsibility for allocating the 10% of Trinity's operating budget that is earmarked annually for mission purposes. MSM funds provide basic support for the mission work of the National Capital Presbytery and PCUSA, as well as for numerous local and international programs in the areas of housing, hunger, health, refugee assistance, local community assistance, and more. Trinity financially supports and is in regular communication with six mission partners serving in some of the most challenging places across the globe, including the Republic of Congo; South Sudan; Lebanon, Syria and Iraq; and at the US/Mexico border.

MSM funds also support the volunteer or professional work by making annual contributions to the agencies in which our members are involved.. MSM sponsors local hands-on service projects for adults and families where they can learn first hand about the needs in our community.

Contact
Lynn Pollock
pollock.lynn@gmail.com

Fellowship

The Fellowship Ministry plans and organizes gatherings throughout the year for the Trinity community to spend time together, usually with food. The hope is that these gatherings help create a place where all feel welcome. Gatherings in recent years have included the fall retreat, lunch on Stewardship Sunday, and chili dinner on the night of caroling and the living Nativity. If you would like to help, contact Ellen Greer or Kim Whittaker, or watch for sign-up opportunities to help with a particular event!

Contact
Ellen Greer
ellengreer66@gmail.com

Education & Nurture

How do we educate and nurture every member of our community? What curriculum is good for children? What should adults be talking about? How do we create a place for our youth? These are some of the big questions that the Education and Nurture ministry wrestle with.

Do you have ideas for classes? Do you have a different model in mind for Sunday school? Can you teach a class?

There are many ways to support Education and Nurture at Trinity, to find out how you can help.

Contact
Michelle Edwards
TrinityPresENM@gmail.com

Facilities

We love our church building. It is like a second home. But like every home it needs to be looked after and there are a lot of things in a big old building that need to be looked after. Things like security systems, wifi, floors, lights, air conditioning. You might not be able to fix things yourself but maybe you can help organize vendors? Maybe you can make sure the doors are locked at night? But maybe you do know how to change a lightbulb or even hang a door. However you are able to help

Contact
Jay Daugherty
jxdaugherty@gmail.com

Racial Justice

The Racial Justice ministry has been working to help educate Trinity about matters related to Racial Justice. They have taught Sunday school classes, organized Mission Trips, organized concerts and regularly highlights ways for people to get involved with VOICE.

If you can lend your talents to the Racial Justice ministry

Contact
Dan Campbell
dancampbell@aol.com

Pastoral Care

is about looking out for and trying to meet the needs of the congregation. This ministry lets people know that we as a church are thinking and praying for them as they go through the highs and lows of life. From cards, to meals, to prayers this ministry is the gentle touch of caring love that we all need.

If you have good penmanship, have a heart for prayer, or just want to be there for people in this congregation contact

Katherine Nichols
katherinenichols@cafes.net

Worship & Music

Our lives in response to the goodness of God is worship but sometimes its good to add a little music.

The Worship and Music ministry is tasked with making the worship service happen on a Sunday morning. They are tasked with making sure all the little things come together to make the experience more worshipful, things like the elements for communion or candles for the Christmas Eve service.

There many different ways to support this ministry. To find out how you can bring your talents to Worship and Music

Contact
Grace Montgomery
gem3qc@virginia.edu



10:10

Sunday School for youth
(6th-12th Grade)
Youth Lounge

Teachers
Michael Ledford
Tim Foley
Steve Gillard

YOUTH
CROWD

Sunday Evenings
Middle School (6th-8th) 5-6:30pm
High School (9th-12th) 7-8:30pm

Joint 7-8:30pm
Small Groups once a month.

Contact ben@trinityarlington.org to get on the email distribution list.

WORSHIP CHALLENGE

IT'S MORE THAN SITTING
IN A PEW!
MAKE WORSHIP HAPPEN!

COME TO
WORSHIP

TIRED OF SITTING THE
WHOLE SERVICE? USHER!

DO YOU LIKE TO SING
OR PLAY AN INSTRUMENT?
TELL CAROL OR ALAN.

DO YOU LIKE TO
CONTROL THINGS?
RUN THE SLIDES!

LOVE THAT
JUICE AND BREAD?
SET UP COMMUNION!

DO YOU LIKE TO
USE THE MICROPHONE?
BE A READER!

SIGN UP HERE OR
WWW.TRINITYARLINGTON.ORG/SIGNUP
OR JUST JUMP IN AND PARTICIPATE!



ADULT EDUCATION

EARTH CARE CLASS: LEWIS ROOM



Trinity's Earth Care team is excited to lead a class based on their activities in the past year and the coming year. Take advantage of the breadth of experience at Trinity to make a difference in your backyard all the way to Trinity's footprint. The first class will be an introduction, then a new topic each week including: Potomac River: Clean for a Swim?; Our backyards: A Haven for us?; Trinity's Outdoor Space: Home to many; Trinity's Facilities: Need for an Energy Audit? and Environmental Justice Issues. This drop-in seven-week class will meet in the Lewis Room.

MEDITATION CLASS: MEDITATION RM



A group will meet for meditation in the Meditation Room from 10:10-11:00am, beginning Sept 10 and going through Sun, Nov 19. We will be changing the format a bit from previous classes by having less instruction about meditation and more actual meditation! A period of silence will be held from 10:20-10:45 am. A leader will open the class at 10:10am with a reading. After the silence there will be time for reflection and sharing. If you have never tried meditation before or been doing it for decades, I hope you will join us! Please contact Sue Bodner if you have any questions: Suelewbod2@aol.com

Welcome!

At Trinity Presbyterian Church we want you to feel comfortable dropping your child off in the nursery or Godly Play rooms knowing that your child is safe, happy, and loved. Ms. Nene is our Childcare Supervisor and is also the Godly Play preschool lead teacher.

We normally keep the infants/babies in Room 1. On the busier Sundays we will have Room 4 (across the hall from Room 1) open for the toddlers so that there is plenty of space. The toddler program is lead by Ms. Lisa. She is trained in Godly Play and will offer a modified version of the Godly Play program with a story, music, snack, and play time. The routine will be the same each week so your child will learn what to expect.

The Godly Play program does not follow the lectionary, so be sure to ask your child what story they learned about today!



New to Trinity?

We welcome you to Trinity. We hope you take the time to try out one of our Adult Education classes held at 10:10 between the services. We have so many ways to get involved at Trinity from worship, music, mission, outreach, and fellowship! If you are interested in joining Trinity, there is a special class called the "Inquirer's Class" which is 4 weeks long and introduces you to the church and all of the opportunities here. If you wish, at the end of the session, you are welcome to join our Church.

We Can Use Your Help!

First, if you have any questions or concerns, please let our staff know right away. Second, we ask that you register your child. One of the reasons to register is so we can reach out on email and support the childcare rooms by providing snacks and other needed supplies. Please ask Ms. Nene or Ms. Lisa for a form to register your child.



Questions?

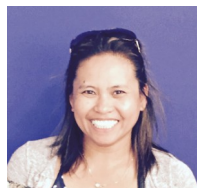
Ms. Nene Pisigan, Childcare Supervisor
enenpisigan@yahoo.com

Ben Stewart, Spiritual Formation Director
Ben@Trinityarlington.org

Childcare at Trinity



Our Childcare Staff



Nene Pisigan (Ms. Nene) has been at Trinity for 3 years and has two children. Prior to leading the childcare program here, she was a nanny for a church member. She is an assistant teacher at Full Circle

Montessori. Nene has attended numerous Godly Play training and has introduced the program to Trinity. Nene originally is from the Philippines.



Luisa Pisigan (Ms. Lisa) has been at Trinity beginning last year and has 2 children. She is a full time administrative coordinator at Howard University College of Medicine. She is also trained in Godly Play and enjoys introducing the children to the Christian stories.

Lisa is Nene's sister in law and is also from the Philippines.



Balama kala balama (Padma for short) has been at Trinity since 2004. She is a mother of three children and originally is from India. She has been the country for 14 years and works as a nanny and partime house-keeper/cook. She loves cooking and take care of children.



Pramila Singh (Pramila) has been at Trinity for over 20 years and is a mother of 2. She currently works as a nanny for an Arlington family, taking care of a 7 month old. She is also works part time cleaning, cooking, and baby sitting for other families as well. Pramila is also from India.



Vijaya Dusher (Vee-zhi-ya) has been at Trinity for over 20 years as well and is from the same town in India as Pramila. She is a currently a nanny for a 4 and 6 year old. She loves cooking as well.

What to know when you drop off your child:

You can drop off your child before service or during the service after announcements.

Please sign in your name (print legibly), where you will be, your child's name and age, and any allergies.

We encourage you to leave a diaper bag (with your child's name clearly marked on it) with wipes, diapers, and a favorite toy and snack. Please let us know when they might like the snack/bottle. Please NO peanut products.

If your child is going to Godly Play, they can be signed in at the back of the sanctuary or Calvin Hall and the care-givers will escort them down to Room 11 (near the playground entrance. You can pick them up in Room 11 after worship.

When your child is signed in, we will put a name tag on their backs and their bag.

If your child is taken for a diaper change in the restroom or to another room, they will be signed out by the caregiver.

Child care is available for infants through Kindergarteners during worship services and the Education Hour.

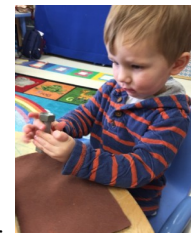
Infants and Babies: Room 1

For infants - age 15 months.

Toddlers: Room 3

(16 mos-3 years)

We have room for your toddler to toddle and explore as well as space for infants to be cared for. On our busier days, the toddlers may be in Room 4. (across the hall).



Preschool-Kindergarteners: (Age 3 - K)

For ages 3 through 6. The Godly Play program is designed to offer the children experiential opportunities and teach them the elements of worship. The children are welcome to go to church until after Children's Moment and then be dismissed for Godly Play.

Ages 6-8

New! During worship we will offer a special Godly Play room for ages 6-8 with crafts and games. We invite parents to sign their child in the same as the younger children.



What is Godly Play?

Godly Play is a Montessori style class for children ages 3 up to Kindergarten. Godly Play is a unique approach to Christian education which invites children to explore and interact with Bible stories while igniting curiosity and wonder about God and their faith. The children have dedicated items to play and discover more about the Bible as well as a variety of crafts to choose from. Each session ends with a blessing and prayer time. Lisa and Nene are both trained in Godly Play.

More questions?

<http://www.godlyplay.org/>

Sign Up Now for the Fall Retreat!

October 20-22nd

Massanetta Springs

Deadline to sign up is Sept 17th

Please sign up to join us on October 20-22 at Massanetta Springs, in the foothills of the Shenandoah Mountains (2-3 hours from Arlington). There will be plenty to do, like outdoor games, board games, and the world famous and highly competitive Russ Scholl Obstacle Course. If you prefer, you can also do nothing—kick back and enjoy quiet contemplation or a good book surrounded by the fall foliage. Whether you're a long-time member or just getting acquainted, the fall retreat is a perfect opportunity to get away while deepening ties within the Trinity community.

New this year, **Trinity will cover the lodging and meal costs of youth/children 18 and under!** So bring the family for a weekend of intergenerational fun and fellowship.

Cost: The room charge is \$129 per night plus tax; meals (for five group meals) are \$66 per adult.

If our group is too large for everyone to stay in The Lodge, some will be housed in more "retro" and less costly accommodations. Trinity pays the facility up front, but attendees' costs will be assessed and billed after the retreat.

To help with planning, please sign up no later than Sept. 17. More details will be distributed to attendees in early October.

Sign up here:

<https://forms.gle/mzcnFpLtvSFTa8bS6>

Or using this QR code:

Or contact Ellen Greer

(202-236-1300) or ellengreer66@gmail.com



Annual Arlington CROP Walk!

Walk or Sponsor A Walker

October 21st at 9am



**ENDING
HUNGER
ONE STEP
AT A TIME
CROP HUNGER WALK**

Through the years...one of the top fundraisers in Arlington!!



The CROP Hunger Walk is a community-based walk fundraising event to support the global mission of Church World Service, a faith-based organization transforming communities around the globe through just and sustainable responses to hunger, poverty, displacement and disaster.

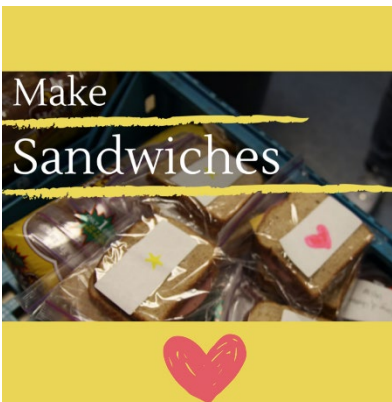
Arlington's 6K CROP Walk begins and ends at First Presbyterian, 601 N. Vermont. The Walk starts at 9am, rain or shine. **Trinity has historically been the biggest contributor to Arlington's CROP Walk, let's do it again!**

You can register for the event or support a walker by using the QR code or by visiting the Trinity Trekker page at

<https://events.crophungerwalk.org/2023/team/trinity-trekkers>.

You might notice this is also the weekend of the church retreat so you can also walk the distance on the retreat. Would you like to organize the retreat walkers (different than retreating...) please email Maureen Mellody or Todd Stievater





Families with Preschoolers

(Trinity Presbyterian Church families
and
Trinity Presbyterian Preschool families)

You are invited to

Make Lunch for the Homeless!

Trinity Presbyterian Church invites you and your preschooler to make bagged lunches for homeless individuals in Arlington! The lunches will benefit clients at Path Forward, an agency in Arlington that provides homeless individuals with food, shelter, medical care and more.

- **Date/Time:** Sunday, Oct 15 at 10 AM
- **Location:** Trinity Church in Fellowship Hall (when you enter the preschool, go to the end of the hall and through the doors. You can take the elevator down to Fellowship Hall, or go through the lobby and to the door downstairs)
- **What you need to bring:** Nothing. We'll have the bread, cold cuts, fruit, snacks and water bottles, and we'll give you and your preschooler instructions on how to make the lunches
- **RSVP:** not required but can help for planning the number of supplies to purchase. Contact Tim Foley at timothy.john.foley@gmail.com



Volunteer at the Community Assistance Program at Mt Olivet

Help Your Neighbors in Need in Arlington!

What makes this project unique?

- **Local:** Local Need and just two Blocks from Trinity .
- **Age Friendly:** 10 and up welcome for most jobs.
- **Variety of Time Slots:** 2nd Sat. of each month 9-2pm.
- **Variety of Jobs such as:** Bake cookies, loan a tent, pack food, provide Spanish translation, set up/clean up, distribute food

How to get involved?

To receive the monthly volunteer sign up, send an email to the Mt. Olivet coordinator, Tina, tmarcus@mtolivet-umc.org and sign up when you are available.

What is the Community Assistance Program (CAP)? :

On the second Saturday of every month from 11 AM-1 PM, the Mt. Olivet United Methodist Church Community Assistance Program gives a helping hand to our neighbors by providing fresh produce and other food items from the Capital Area Food Bank and – most importantly – the opportunity to experience God’s love. Guests are also given other resources, including help obtaining grocery and Metro cards. Mt. Olivet is located at the corner of 16th Street and Glebe Road. Many Trinity members have volunteered through the years!

Trinity Leadership Contacts as of September 2023

Small Groups		
Esther	Natalie Foley	natalie.s.foley@gmail.com
Tabitha	Clare Rosenberger	clarejr@gmail.com
Abigail	Tracy McLoone	tracy.mcloone@gmail.com
Sarah	Sabrina Brassard	brassardva@gmail.com
Ruth	Carol Hart	carol.h.hart@gmail.com
Hannah	Jennifer McGrail	mcgrailfamily209@gmail.com
Prime Time	Barbara Nyman	barbara@thenymans.net
Micah	Steve Gillard	gillard.steve@gmail.com
Men's Fellowship	Bill Morley	wmorley@altriusgroup.com
Earth Care	Steve Gillard	<u>gillard.steve@gmail.com</u>
Book Club	Carolyn Offutt	coffutt@o3star.com
Horizons	Beth Bailey	epbailey2@gmail.com
Session		
David Bailor	ansleydavid@comcast.net	Facilities
Nan Morley	nmorley1492@gmail.com	Fellowship
Art Hoffman	ajch99@gmail.com	Finance
Steve Hufford	racquet Swinger@gmail.com	Mission and Service
Tim Foley	timothy.john.foley@gmail.com	Outreach
Donna Parry	<u>the.parrys@comcast.net</u>	Racial Justice Ministry
Jennifer McGrail	<u>mcgrailfamily209@gmail.com</u>	Worship and Music
Jim Dykstra	jdykstra@edingtonpeel.com	Clerk /Pastoral Care
Sophie Thomas	stthomas@madeira.org	Mission and Service (Youth)
Allison Andrews	allisonwvu@gmail.com	Outreach
Clare Jones Rosenberger	clarejr@gmail.com	Admin
Pam Michell	Pamelamichell@gmail.com	Education and Nurture
Patrick Merkel	patrick@merkelfamily.com	Admin
STAFF		

Pastor Judith Head Pastor	pastorjudith@trinityarlington.org	
Ben Stewart Dir. Of Spiritual Formation	Ben@trinityarlington.org	
Carol Feather Martin Music Director	music@trinityarlington.org	
Alan MacEwen Contemporary Worship leader	cwl@trinityarlington.org	
Courtney Desautels Office Director	office@trinityarlington.org	
Vacant: Facilities Manager	facilities@trinityarlington.org	
Vacant: Youth Director	youth@trinityarlington.org	
Sabrina Brassard Preschool Director	tpparlingtonva@gmail.com	
Nene Pisigan Godly Play Coordinator	enenpisigan@yahoo.com	
Ministry Chairs	Name	
Facilities	Jay Daugherty	jxdaugherty@gmail.com
Admin	Diana Pajlraj	pdpaulraj@gmail.com
MSM	Lynn Pollock	pollock.lynn@gmail.com
W&M	Grace Montgomery	gem3qc@virginia.edu
RJM	Dan Campbell	dancampbell@aol.com
Outreach	Tim Foley	timothy.john.foley@gmail.com
Pastoral Care	Katherine Nichols	katherinenichols@cafes.net
Finance	Lance Bultena	Lance.Bultena@hoganlovells.com
Fellowship	Ellen Greer/Kim Whitaker	ellengreer66@gmail.com , kwhittaker02@yahoo.com
CE	Michelle Edwards	TrinityPresENM@gmail.com