



Trinity Presbyterian Church Arlington, Virginia

Service for the Lord's Day
Sunday, July 20, 2025
Sixth Sunday after Pentecost

Worshipping in the Sanctuary
10:00 a.m.



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Sixth Sunday After Pentecost

Welcome.

We are glad that you are here.

As an inclusive community of faith, we welcome you just as you are. We celebrate that God's love and grace extends to all, and affirm that each person has sacred worth.

So take a moment.

Breathe.

10:00 AM Order of Worship

(For the lyrics and scripture text, click on the underlined text or go to the end of the bulletin. This service is recorded and livestreamed. Those in the first three rows in the center section might be visible on camera.)

Today's Liturgist is Ben Stewart, Director of Spiritual Formation

Prelude

Be Thou My Vision
Joseph Martin

Carol Feather Martin

Welcome and Announcements

Please take this time to sign and pass the red Friendship Pads down the row and back.

Call to Worship and Opening Prayer

God, for everything there is a time,
and time is now our most precious commodity.
Our clocks are always running.
From birth to death:
during times of joy and sorrow:
work and play:
business and pleasure:
speech and silence:
worship and church activities:
tick, tock, tick, tock.
We are like Martha,
with our long to-do lists.
Slow us down Lord,
and for now simply remind us that
only one thing is needful,
that we be still before you
and know that you are God. Amen.

Hymn #450

Be Thou My Vision

Greeting Time and Passing of the Peace

Children's Message

**Children are invited to attend Godly Play after the Message or to remain in worship.*

Blessing of the Children

You are God's beloved child; with you God is well pleased.

Solo

Give Me Jesus
Moses Hogan

Randy Benn

Readings

Luke 10:38-42
Philippians 4:4-9

This is the word of the Lord.

Thanks be to God.

Sermon

Jesus Questions: What Do We Do With Our Worries?

Rev. Judith Fulp-Eickstaedt

Hymn

Come and Find a Quiet Center (see lyrics)

Moment for Mission

Pentecost Offering Follow-Up and Aspire

Dan Campbell

Joys and Concerns

Prayers of the People and Lord's Prayer

Invitation to Stewardship

www.trinityarlington.org/GIVE

Offertory

Prelude in G Minor
Michael Burkhardt

Trinity Ringers

Commissioning of Youth Mission Trip Participants and Leaders

Prayer of Dedication (Unison)

Gracious and generous God,
Merciful Lover of Souls,
take our worries
and the brokenness of the world
and heal it
as only you are able.
Speak into our lives and show us the way
to be your love,
for the healing of all creation.

As Martha offers hospitality to the stranger
As Mary listens carefully to your word
May we learn from our sisters
To be your hands and heart in the world. Amen.

Song

Into Marvelous Light
Charlie Hall

Benediction

Closing Music

Lead On, Good Shepherd
Frankie Orella, Patrick Mayberry, Paul Duncan

Hymn #450 Be Thou My Vision

1 Be thou my vision, O Lord of my heart;
naught be all else to me, save that thou art;
thou my best thought, by day or by night,
waking or sleeping, thy presence my light.

2 Be thou my wisdom,
and thou my true Word;
I ever with thee and thou with me, Lord;
thou my soul's shelter,
and thou my high tower;
raise thou me heavenward,
O Power of my power.

3 Riches I heed not, nor vain, empty praise;
thou, mine inheritance, now and always;
thou and thou only, first in my heart,
High King of Heaven, my treasure thou art.

4 High King of Heaven, my victory won,
may I reach heaven's joys,
O bright heaven's Sun!
Heart of my own heart, whatever befall,
still be my vision, O Ruler of all.

Come and Find the Quiet Center

1. Come and find the quiet center
in the crowded life we lead,
find the room for hope to enter,
find the frame where we are freed:
clear the chaos and the clutter,
clear our eyes, that we can see
all the things that really matter,
be at peace, and simply be.

2. Silence is a friend who claims us,
cools the heat and slows the pace,
God it is who speaks and names us,
knows our being, touches base,
making space within our thinking,
lifting shades to show the sun,
raising courage when we're shrinking,
finding scope for faith begun.

3. In the Spirit let us travel,
open to each other's pain,

let our loves and fears unravel,
celebrate the space we gain:
there's a place for deepest dreaming,
there's a time for heart to care,
in the Spirit's lively scheming
there is always room to spare!

Marvelous Light

Chorus

Into marvelous light I'm running
Out of darkness out of shame.
Through the cross You are the truth,
You are the life, You are the way.

Verse 1

I once was fatherless,
A stranger with no hope.
Your kindness wakened me,
Wakened me from my sleep.
Your love it beckons deeply,
A call to come and die.
By grace now I will come
And take this life take Your life.

Pre-Chorus

Sin has lost its power.
Death has lost its sting.
From the grave You've risen
Victoriously.

Chorus

Verse 2

My dead heart now is beating.
My deepest stains now clean.
Your breath fills up my lungs.
Now I'm free. Now I'm free.
My dead heart now is beating.
My deepest stains now clean.
Your breath fills up my lungs.
Now I'm free Now I'm free.

Pre-Chorus

Chorus

Chorus

Lead On Good Shepherd

Verse 1

Well I've been turned 'round
But I've never been lost
Seen the water get troubled
But we walked across
When my knees were shaking
You held my hand
Turning my problems
To a promised land

Chorus

Lead on Good Shepherd
I'll follow all my days
There ain't nothing sweeter
Than to watch You make a way
You've walked me through the valley
But You never steered me wrong
So lead on Good Shepherd lead on

Verse 2

Seen some mighty deep canyons
That You brought me through
Seen some mighty big mountains
That just up and moved
Glory glory hallelujah
Yeah that's my song

Walking with my Father
Into the great unknown

Bridge

Step by step day by day
Lead me on Lord I pray
Road gets dark walk by faith
Lead on Good Shepherd

Ending

Lead on Good Shepherd
lead on Good Shepherd
Lead on Good Shepherd
lead on Good Shepherd
Lead on Good Shepherd lead on

Luke 10:38-42

Now as they went on their way, he entered a certain village where a woman named Martha welcomed him. She had a sister named Mary, who sat at Jesus's feet and listened to what he was saying. But Martha was distracted by her many tasks, so she came to him and asked, "Lord, do you not care that my sister has left me to do all the work by myself? Tell her, then, to help me."

But the Lord answered her, "Martha, Martha, you are worried and distracted by many things, but few things are needed—indeed only one. Mary has chosen the better part, which will not be taken away from her."

Philippians 4:4-9

Rejoice in the Lord always; again I will say, Rejoice. Let your gentleness be known to everyone. The Lord is near. Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.

Finally, brothers and sisters, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is pleasing, whatever is commendable, if there is any excellence and if there is anything worthy of praise, think about these things. As for the things that you have learned and received and heard and noticed in me, do them, and the God of peace will be with you.

Our Thoughts and Prayers
Please pray for the following friends and families of Trinity

Joys:

- + We celebrate **Gail Wentzell** and the flower team from Capital Caring Health received the Group Service Award from Volunteers Arlington. The team makes flower arrangements which are delivered to hospice patients in the Arlington area once a week.
- + **Polly Bare**, mother of **Tracy Bare**, has been declared cancer free after a successful surgery and is recovering in a skilled nursing facility with a planned move to assisted living soon.
- + The birth of **Evelyn Jean Papke** on July 1 to parents **Carolyn Offutt Papke** and **Chad Papke**.
- + We celebrate the marriage of **Alex Vogel** and **Maeve Swick Vogel** on June 7.
- + The birth of **Hugo Harris Smith** to proud parents **Kyle Smith** and **Andrea Harris** with big brother **Walter** on Wednesday, May 14 at 4:06 p.m.
- + **Rev. Alan Dayal**, was installed at Good Shepherd Lutheran Church of Liverpool, PA on Sunday, June 8th. His son Aaron was baptized in India on the same day. <https://youtube.com/@gslcliverpoolpa?feature=shared>

Concerns:

- + **Prayers for the family, and friends of Kristine Rogers**, cousin of **Jim Dykstra** who passed away this week.
- + **Prayers for the family, and friends of Matt Sedgley**, a friend of **Alan MacEwen** and the drummer in his band, *The Grandsons*, for the past 30 years. Matt passed away on July 3 of heart failure and is survived by his sisters Melinda and Maureen and his brother Mike.
- + **Prayers for the family, and friends of Derek Blakely, Doug Gardner's** 22-year-old nephew who passed away from critical injuries last week after being struck by a car.
- + **Kay Plitt**, recovering at home following hip replacement surgery and rehabilitation.
- + **Bill Plitt**, in treatment for multiple myeloma.
- + **Kathy Fulp**, sister-in-law of pastor Judith, is recovering at home.
- + **Sek-Man Young, Kathy Young's** ex-husband and **Kay Miller's** father, is out of the hospital and continuing recovery at home in Shanghai, but his serious heart issues continue.
- + **Gwen Sutherland, Amy Arnold's** mother, in treatment for glioblastoma.
- + **Rowan Smith**, three-year old great nephew of **Laurie Setzer**, with cancer.
- + **Brian Tuskey**, brother-in-law of **Jennie Gwin**, for lymphoma return after stem cell transplant.
- + **Doug Hardt**, recovering at home.
- + **Alec Gibson**, at Braddock Glen. 4027 Olley Lane, Fairfax, VA 22032
- + **Sandi Thompson-Royer**, PC(USA) missionary and friend of Trinity, diagnosed with brain cancer in late May. [You can follow her CaringBridge site by clicking here.](#)
- + **Jason Ferguson, Janae Ferguson's** brother, recurrence of cancer. Pray for another remission.
- + **Barry Schneider, Troy Schneider's** uncle, with ALS.
- + **Jackie Alling**, living at Vitality assisted living.
- + **Lani, Nene Pisigan's** cousin, and mom of two young children, recurrence of cancer.
- + **Nene Pisigan's** parents in the Philippines, with long term illness and financial hardship.
- + **Graham Bardsley's** sister, **Kyila Sninsky**, in California, with ongoing lung and heart issues.
- + **Ron Shimabukuro**, friend of **Yvonne McIntire**, recovering at home.
- + **Brooks Bare**, for strength, comfort, healing, and patience during his incarceration.
- + **Immigrants and refugees** in many parts of the world. Displaced by war, violence, poverty, and natural disasters.
- + **Civilians on both sides of the Israeli/Hamas war**, including **Fakhira Haloun**, a Palestinian Israeli and friend of Priscilla Hoffman-Stowe. Prayers for another cease-fire.
- + **Daoud and Jihan Nassar**, for safety and to retain ownership of their land in the West Bank.
- + **For peace in Ukraine and an end to the Russian invasion into Ukrainian regions.**
- + **Genocide of Sudan and the conflict in eastern Democratic Republic of Congo.**
- + **We continue prayers for those affected by storms and other natural disasters.**

Trinity Presbyterian Church helps sponsor the missionary work of those listed below who serve in the international field. We also support them with our prayers: **Sharon Kandel**, South Sudan; **Mark Adams** and **Miriam Maldonado** (husband and wife) on the US/Mexico border; **Larry** and **Inge Sthresley**, Republic of Congo; **Elmarie** and **Scott Parker**, Lebanon and Syria; **Eliane Menezes** in Guatemala, and **Doug Dicks** for Israel/Palestine. We will be continuing our support of ecumenical global partners as the PCUSA shifts its model for international engagement.

Life of the Church and Announcements

July 2025

Upcoming Events and Happenings



Sunday School

Now is a great time to help Ben plan for the Children's Sunday School in September.

Parents, please register your child at:

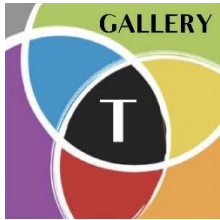
<https://tpcarlington.churchtrac.com/connect?ei=9D3X2EV>

Everyone else, let Ben know that you'd like to be a Sunday School teacher by emailing him at: Ben@trinityarlington.org.

Classes and Spiritual Formation Opportunities

Caregivers Support Group

This weekly Zoom call with other caregivers, Pastor Judith, and Katherine Nichols (*Commissioned Ruling Elder*), is a place to talk, get strength from each other, and pray. Weekly Zoom calls happen on Tuesdays, noon -1:00 p.m. Contact Pastor Judith to get on the email list or see the E-news or announcements in the church app for the Zoom link.



Gallery T

The theme of this exhibit is "HOPE." Thanks to all our contributing artists, there are multiple, artistic expressions on display for you to experience.

*The current **Gallery T** show will close at the end of July. A new theme for our next show is under consideration and will be announced in August. Contributing artists are asked to collect their works from the current show from August 1 - 15. Please watch for the announcement of the new theme and call for artist submissions coming soon.*

The next Gallery T opens October 5th.

Sunday Afternoon Virtual Coffee Hour

Sundays at 4:00 p.m. Pastor Judith hosts a zoom chat. We talk about what happened in worship, the sermon, and just about anything else you can think of. See the Wednesday e-news or announcements in the church app for the link.

New Mental Health Blog

Rich Long has just posted a helpful piece on dealing with the challenges that come with uncertainty. Here is a taste of what he has to offer, and you can access the complete post at the Churchtrac link listed below.

"Uncertainty and chaos have become constant companions. Executive Orders are announced; a reaction takes hold, and then the policy is amended or even withdrawn. Sometimes, certain parts of an Order are challenged in court, resulting in further uncertainty. With each wave, some ask, 'Will this be the end of the chaos?' As more people feel uncertain and anxious with a loss of control, many move from shock to anger, to disillusionment, to a sense of futility. All of which impacts financial and personal security. Yet, coping with these impacts requires dealing with the emotional storm."

<https://tpcarlington.churchtrac.com/mentalhealthblog>

Podcast of Interview with Rev. Judith Fulp-Eickstaedt

"Connectedness, joy, mindfulness, and the opportunity for informal prayer are all touched on by Rev. Judith Fulp-Eickstaedt (Judith) in this thirty-minute podcast recorded in mid-April. Pastor Judith brings forth the idea that even in difficult times, the experiencing joy is important. Joy, as she highlights, comes in several forms from the quiet joy of a observing beauty in nature, to effusive joy when the spark of life as felt at a wedding, baptism or other event is experienced. And Pastor Judith shares, there is another level where joy when it is experienced in a quiet and deliberate manner as when gratitude is experienced." Reverend Judith is interviewed by Rich Long.

<https://directory.libsyn.com/episode/index/id/37362350>

4th and 5th Grade Group

We are currently "**Off for the Summer,**" but will meet on the 1st Sunday of every month in the Fellowship Hall when we start back up this fall. Led by Ben and Keeley, the group aims to help our preteens get to know each other and prepare them for Youth Group with fun games and serious conversations.

Our next gathering is **September 7 from 4:00 p.m. - 5:30 p.m.** For more information, contact either Ben at Ben@trinityarlington.org or Keeley at youth@trinityarlington.org.





Confirmation Class

Sign up for **Confirmation** for the 25-26 school year now! Confirmation is open to any youth who will be in 8th grade or older. Sign-up link is **HERE**.

We will meet every **3rd Tuesday from 6 to 7:30 beginning on September 16th**.

The deadline to sign up is August 15th. Reach out to **Keeley** or **Ben** if you have any questions!

Ways to Serve in the Community and in the Church

Meal Train

Carolyn Offutt Papke and her husband **Chad** welcomed new baby **Evelyn** into their family on July 1st. Let's support them during this transition by providing some meals.

Please **[sign up](#)** to deliver a meal if you can!

Count Your Blessings

Just **ONE PERSON** to give **ONE HOUR EVERY TWO MONTHS--that's all we need**.

Count Your Blessings teams take turns counting the Sunday offerings. Each team has two people, but we have recently lost a team. We have half a new team and need just one more person. **The job is simple and very flexible**, but hugely important to Trinity. Please contact Laurie Young (**lyoung200@aol.com**) to help. We need you!

Reason to Rock Music Festival

Contemporary Service drummer, Scott Schreiber, helps to deliver an annual music festival called ***Reason To Rock***, which hosts local bands benefitting local non-profits. Now in its third year, this year's "Reason" is raising money for PathForward, a nonprofit which empowers individuals and families experiencing homelessness to build a foundation of lasting stability from the ground up. 100% of ticket sales goes to Pathforward however there are upfront costs to put on the music festival.

If you have a business to promote or would like to be a sponsor for this music festival on September 20th, please contact Scott Schreiber at **scott.schreiber@gmail.com**.

Trinity is Hiring

With the impending retirement of Carol Feather Martin on December 31, 2025, Trinity is currently advertising for a Director of Music to begin January 1, 2026. See the ad (**[Director of Music PD April 17 2025.pdf](#)**) and **help us spread the word**. Questions should be directed to Pam Michell, Chair of the Search Committee, at **pamelalmichell@gmail.com** or 703-963-3067.

Books for Brooks

The Bare Family wants to extend its heartfelt “THANKS” to the community for the great response to the Books for Brooks campaign.

UPDATE: Your generosity has provided Brooks with enough books and gift cards to last several months, including additional funds to help him buy textbooks as he starts college correspondence classes this August.

Brooks’ birthday is July 15, and it would be wonderful for him to receive birthday cards and well wishes that you can send to the address below. Remember that all the mail is read before it is given to Brooks.

You can send cards and letters to:

Brooks Bare P# 203876
Arlington VA c/o Securus DMC
PO Box 21406
Tampa FL 33622

Thank you for helping keep his spirits up and if you have questions, please contact Ken in the Church Office at office@trinityarlington.org.

Serving with S.O.M.E.

Trinity has been preparing breakfast for over 30+ years on the 3rd Monday of the month for SOME (So Others May Eat <https://some.org/get-involved/volunteer/>) in DC. They have recently completed a renovation of the kitchen, dining room and building at [71 O Street NW](#).

TPC resumed this local mission support last December. Breakfast preparation consists of 3-4 people arriving at 6:00 a.m. (*finishing by 7:30 a.m.*) and cooking eggs, sausages, grits and other duties as needed. It's a great way to start the morning and support people in need. Visit the sign-up genius link to volunteer (calendar set up through Dec. 2025) - for more information contact Todd Parker at 703-237-7699. <https://signup.com/go/eahNdeL>

Get Connected

Social Media Photograph Release Form (*please fill this out*)

The Outreach ministry would like to be able to use more photos of Trinity members “in action” on our website and social media platforms. We respect that some people would prefer not to have their images on public platforms, so we are asking for a simple photo release from each Trinity household. Use the [Church Connect link](#) to review and sign the Photograph Release Form.



Do You Have Items for the Bulletin? Please send an email to office@trinityarlington.org to put announcements in the bulletin for Sundays; please send them no later than noon on Wednesday.

Thank you for helping to keep our community informed!

Trinity Presbyterian Pastor and Staff

Minister	The People of the Church	
Pastor	Rev. Judith Fulp-Eickstaedt	pastorjudith@trinityarlington.org
Operations Manager	Kenneth Hadley	office@trinityarlington.org
Parish Associate	Rev. Bill Davnie	revbill@trinityarlington.org
Commissioned Ruling Elder	Katherine Nichols	katherine@trinityarlington.org
Director of Music/Arts/Organist	Carol Feather Martin	music@trinityarlington.org
Contemporary Worship Leader	Alan MacEwen	cwl@trinityarlington.org
Director of Spiritual Formation	Ben Stewart	ben@trinityarlington.org
Youth Director	Keeley Harris	youth@trinityarlington.org
Clerk of Session	Tracy McLoone	clerkofsession25@gmail.com
Treasurer	Carol Hart	treasurer@trinityarlington.org
Preschool Director	Susan Morrissey	tpparlingtonva@gmail.com
Facility Manager	Marcos Vargas	facilities@trinityarlington.org
Nursery/Godly Play Coordinator	Nene Pisigan	enenpisigan@yahoo.com
Bookkeeper	Yolanda Darden	bookkeeper@trinityarlington.org
Ministry Team	Chairs <i>(click here for emails)</i>	Elders <i>(click here for emails)</i>
Administration	Todd Parker / Lisa Toews-Daugherty	Beth Bailey
Education & Nurture	Michelle Edwards	Lynn Pollock
Facilities	Jay Daugherty	Julie Bradscher
Fellowship	Ellen Greer / Kim Whittaker	Patrick Merkel / Zara Johnson
Finance	Lance Bultena	Matt Jackson
Mission & Service	Terry Cathopoulos	Pam Michell
Outreach	Tim Foley	Will Senkus
Pastoral Care	Katherine Nichols	Clare Rosenberger
Worship & Music	Grace Montgomery	Luann Moy / Jim St. Pierre
Racial Justice	Dan Campbell	Meritt Gilliard

Trinity Presbyterian Church

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Scan here for the bulletin and visitors check in!